

## Spring/Summer 2021 – Temporary Primary School Hot / Cold Menu from 19<sup>th</sup> April to date to be confirmed by School

**Week 1:** weeks commencing 19<sup>th</sup> April, 10<sup>th</sup> May, 31<sup>st</sup> May, 21<sup>st</sup> June, 30<sup>th</sup> August, 20<sup>th</sup> September

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cheese &amp; Tomato Pizza</b> served with <b>Seasonal Veg &amp; Salad</b> <sup>V</sup>	<b>Savoury Mince</b> (Beef or Quorn) <b>&amp; Tatties</b> served with <b>Seasonal Veg</b>	<b>Breaded Fish</b> <sup>MSC</sup> <b>&amp; Chips</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>RT Chicken Curry &amp; Boiled Rice</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Hot Dog in a Roll</b> (pork or Quorn) served with <b>Seasonal Veg &amp; Salad</b>
<b>Homemade Soup</b> <sup>V</sup> <b>&amp; Egg Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> <b>&amp; Tuna Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> <b>&amp; Cheese Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> <b>&amp; Ham</b> (or Egg Mayonnaise) <b>Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> <b>&amp; Sliced RT Chicken Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>
<b>Fresh Fruit</b> served with <b>Flapjack</b>	<b>Fresh Fruit</b> served with <b>Ice Cream</b>	<b>Fresh Fruit</b> served with <b>Oaty Shortbread</b>	<b>Fresh Fruit Salad</b>	<b>Fresh Fruit</b> served with optional <b>Natural Yoghurt</b>

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

ALL MEALS WILL BE SERVED WITH A CHOICE OF 2 HOT SEASONAL VEG OPTIONS AND/OR SALAD.

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.

<sup>V</sup> Vegetarian; # Venison Burger – 64% Venison/28% Lamb; <sup>MSC</sup> certified by the Marine Stewardship Council; RT Red Tractor; \* Vegetarian option available

*Please check if your school is offering a 3 Choice menu, 2 Choice menu, Single Choice menu or Grab & Go Friday menu.*

*Some meals may be subject to change due to unforeseen circumstances. We will attempt to communicate changes to you locally where possible.*

Contact us Email: [cl.catering@highland.gov.uk](mailto:cl.catering@highland.gov.uk) / Tel: 01463 644102 / Write: Ruthven House, Drummond Road, Inverness, IV2 4NZ.

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**Week 2:** weeks commencing 26<sup>th</sup> April, 17<sup>th</sup> May, 7<sup>th</sup> June, 16<sup>th</sup> August (in-service), 6<sup>th</sup> September, 27<sup>th</sup> September

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Salmon Nibbles</b> <sup>MSC</sup> & <b>Cous Cous</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Beef/Venison<sup>#</sup> Burger &amp; Potato Wedges</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>RT Chicken Pasta Bake &amp; Crusty Bread</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Roast Beef with Gravy &amp; Roast Potatoes</b> served with <b>Seasonal Veg</b>	<b>RT Chicken (or Veggie) Curry &amp; Boiled Rice</b> with <b>Seasonal Veg &amp; Salad</b>
<b>Homemade Soup</b> <sup>V</sup> & <b>Sliced RT Chicken (or Cheese) Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> & <b>Cheese Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Ham (or Egg Mayonnaise) Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> & <b>Egg Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>V</sup> & <b>Tuna Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>
<b>Fresh Fruit</b> served with <b>Carrot Cake</b>	<b>Fresh Fruit</b> served with <b>Oat &amp; Sultana Cookie</b>	<b>Fresh Fruit Salad</b>	<b>Fresh Fruit</b> served with optional <b>Natural Yoghurt</b>	<b>Fresh Fruit</b> served with <b>Fruit Jelly</b>

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

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**Week 3:** weeks commencing 3<sup>rd</sup> May (hol), 24<sup>th</sup> May, 14<sup>th</sup> June, 23<sup>rd</sup> August, 13<sup>th</sup> Sept (in-service), 4<sup>th</sup> October

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pasta Bolognese</b> (Beef or Quorn Mince) served with <b>Seasonal Veg &amp; Salad</b>	<b>RT Chicken Fillet Bites &amp; Savoury Rice</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Steak (or Vegetable) Pie &amp; Mashed Potatoes</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Butcher's Sausages</b> (pork or Quorn) & <b>Chips</b> served with <b>Seasonal Veg &amp; Salad</b>	<b>Roast RT Chicken with Gravy &amp; Roast Potatoes</b> served with <b>Seasonal Veg</b>
<b>Homemade Soup</b> <sup>v</sup> & <b>Tuna Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>v</sup> & <b>Egg Mayonnaise Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>v</sup> & <b>Sliced RT Chicken Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>v</sup> & <b>Ham Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>	<b>Homemade Soup</b> <sup>v</sup> & <b>Cheese Sandwich</b> served with <b>Veg Sticks, Salad or Grated Carrot</b>
<b>Fresh Fruit</b> served with optional <b>Natural Yoghurt</b>	<b>Fresh Fruit</b> served with <b>Muffin of the Day</b>	<b>Fresh Fruit</b> served with <b>Ice Cream</b>	<b>Fresh Fruit</b> served with <b>Oaty Shortbread</b>	<b>Fresh Fruit Salad</b>

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

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