

Duathlon Primary 4 – 7 Registration Form –
 Sunday March 24th – Glen Urquhart High School,
 Drumnadrochit: Registration opens at 10: event starts at 10:45

Name: _____ Date of Birth: _____ School year: _____
 Address: _____ Postcode: _____
 Telephone number: _____ Mobile: _____ Email: _____

My child does NOT suffer from any medical condition requiring regular treatment
 My child suffers from/allergic to _____ and requires regular treatment/specific diet as follows: _____

In an emergency, if I am not available on the numbers given above, please contact the following person:
 Name of emergency contact: _____
 Telephone: _____ alternate: _____
 Relationship: _____

The above young person would like to participate in this session with High Life Highland. This may involve the use of media recordings (eg video/photography) for our own records, internet and publicity, including local and national press; the work may be kept for publicity and documentation purposes.

Please respond to the following statements and sign below:
 (unanswered questions will be treated as a 'yes' response)

- I have no objection to media recordings being taken/used as stated above: YES/NO
- I consent to this information being kept on computer for reference: YES/NO
- I consent to the administration of essential medical treatment as necessary: YES/NO

There may be an element of risk in youth work activities and outings. High Life Highland has its own public liability insurance cover. It is the responsibility of the individual parent/guardian to take out additional personal accident insurance.

Name of Parent/Legal Guardian: _____ Date: _____
 Signature of Parent/Legal Guardian: _____

Return form to Lindsay Campbell, Active Schools Co-ordinator
 Glenurquhart High School, Drumnadrochit, IV63 6XA
Lindsay.campbell@highlifehighland.com or 01456 459227 m: 07747842713



Great Glen Duathlon

Sunday March 24th 2013

Come and take part in a fun event for those in P4 all the way up to S6. This event is open to all, you do not have to have done the "taster event" to take part.

Registration takes place in the High School starting at 10 am, the events will start at 10:45.

The Distances of the Duathlon are as follows:

Run/Cycle/Run

- P4: 400m / 1.0km / 200m
- P5: 800m / 2.0km / 400m
- P6: 800m / 2.0km / 800m
- P7: 1000km / 2.5km / 800m
- S1 – S3: 2km / 4km / 1km
- S4 – S6: 2.5km / 4km / 1.5km

The cycle for the primary school event will be held on grass; for the secondary event it will be a trail cycle.

Please complete the registration form to ensure your place; no registrations will be accepted on the day.

Parents must stay for the duration of the event. Participants must bring their own bike and helmet. No one will be able to cycle without a helmet.

If you have any questions about the event please get in touch with
 Lindsay Campbell, Active Schools
 Co-ordinator on 01456 459227 or 07747842713.

